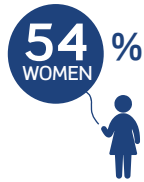


Who is a CARER?

Also referred to as caregiver or family caregiver, carer is a person who takes on an unpaid caring role for someone who needs help because of a physical or cognitive condition, an injury or a chronic life-limiting illness.



30%
of paid
labour force

1 in 4



= 8.1 million
Canadians



Carers provide **7 hours**
of help to family and friends for every
2 hours of professional home care



50% are between the
ages of 45-65
their peak earning years

CARERS MAKE A DIFFERENCE

Contribute **\$25 billion**
in unpaid labour to our health care system



More than **2 million** Canadians
can live safely in their homes because
of the support of carers



Providing wide array of activities:



Personal and medical care



Housekeeping



Advocate



Financial management



Social/emotional support

Sustainability of the labour market

\$1.3 billion in saving from a loss of
productivity through their
continued participation

HOW CARING IMPACTS CARERS' LIVES

WORK

44% miss days of work
15% reduce work hours
10% leave the labour force
(quit, fired or retired early)

FINANCES

Carers spend
\$100 to 300/month
on expenses
directly related to caring

HEALTH & WELL-BEING

Carers can
experience an
array of negative
emotional and
health outcomes



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