



## New Services

*Click on each to learn more about the project.*

- A customized fitness program maintains and promotes seniors' wellness in the community.
- Continuing and cooperative learning strategies for long-term care staff.
- Volunteer navigators assist seniors living in rural communities with chronic illness management.
- Health care aides are sharing information orally and learning from their team members during daily huddles.
- An effective and efficient referral service for seniors accessing home care and/or community – based senior serving outreach workers.